

**Helpline Links** 

## **King County Crisis Clinic**

http://www.crisisclinic.org/main.html

## **Recovery Links**

### **DUAL RECOVERY ANONYMOUS (DRA)**

Please visit this link <a href="http://http:

**DUAL RECOVERY ANONYMOUS (DRA)** Look for a up and coming S.T.E.P.S. **Lifestyle Change Partnership** 

w/:

Dual Recovery Anonymous, Groups Meeting Locations.
What is ( <b>DRA</b> ) ?
It is an independent, nonprofessional, twelve step, self-help fellowship organization for people w/ a dual diagnosis.
If you are chemically dependent and are also affected by a emotional or psychiatric illness, this group may be helpful.
Friends Of Sobriety
Please visit this link:
http://www.friendsofsobriety.com
We here @ S.T.E.P.S. would love for you to visit our selected blogs. HAPPY LIFESTYLE CHANGES
1504club.ning.com

A place to start change. <a href="http://1504club.ning.com">http://1504club.ning.com</a>

# **Spirituality Links**

#### **PRODIGALS ONLY!**

FIND YOUR WAY BACK

NEED HELP? START HERE: www.prodigalsonly.com

## Social Links



**GARDENING W/ RESIDENTS** 

**Details Coming Soon** 

OUR PLANTS ARE COMING ALONG JUST FINE.

Thank you to SEATTLE TILT. Katie ur great.

FYI, our greens are ready to harvest, we were blessed w/ a healthy crop for the 1st yr. We are getting more area ready for next years, biggger, better than ever season. We anticipate more people to feed. Thank you, Seattle Tilt,